



South East Anglia

Online AA Meetings

STEP 1: Download **ZOOM** and register a FREE account.

STEP 2: Either click the link of the meeting you wish to join, or Copy the link of the meeting you wish to join (at the meeting start time), and paste it into a fresh search browser (Google / Safari etc)

IF YOU HAVE ANY CONCERNS REGARDING THE MEETINGS HERE, PLEASE

CONTACT: Ecomm.seanglian@aamail.org

Wednesday (9:00am) - Ipswich Morning Meeting *

<https://us06web.zoom.us/j/85695672536>

Friday (9:00am) - Ipswich Morning Meeting *

<https://zoom.us/j/99461823328>

Friday (7:30pm) - Garden of Eden *

<https://us06web.zoom.us/j/89148230238>

Sunday (9:00am) - Bury St. Edmunds | Daily Reflections *

<https://us04web.zoom.us/j/8850783639>

Sunday (8:30am) - Hope & Solution (Share) *

<https://zoom.us/j/96544850059>

* AA is not affiliated with Zoom Video communications

Although not part of our Intergroup area, the following AA online meetings are available:

Everyday 6pm (GMT) : Zoom code: 562-941-624

Norfolk Online AA : [Click here for full listings](#)